



## Annwyl Riant / Gofalwr

Mae SHEP yn rhaglen addysg yn yr ysgol sy'n darparu addysg bwyd a maeth, gweithgarwch corfforol, sesiynau cyfoethogi a phrydau iach i blant. Mae Rhondda Cynon Taf yn darparu amserlen o weithgareddau hwyllog i'r disgyblion yn ystod y rhaglen, e.e. Sgiliau Syrcas, paentio gwydr, amrywiaeth o chwaraeon a chrefftau.

Bydd yr ysgolion canlynol yn cynnig SHEP yr haf hwn: Ysgol Gynradd Craig-yr-hesg, Ysgol Gynradd Parc-y-Darren, Ysgol Gynradd Glen-bói, Ysgol Uwchradd y Ddraenen Wen (disgyblion o Ysgol Gynradd y Ddraenen Wen ac ardal ehangach Rhydyfelin) , Ysgol Gynradd Llanharan, Ysgol Gyfun Aberpennar (disgyblion o Ysgol Gynradd Caegarw), Ysgol Gynradd Pen-rhys, Ysgol Gynradd Pen-y-waun, Ysgol Gynradd Perthcelyn, Ysgol Gymunedol y Porth, Ysgol Gymunedol Tonyrefail, Ysgol Gynradd Ynys-boeth ac Ysgol Nantgwyn.

Bydd Ysgol Hen Felin ac Ysgol Tŷ Coch yn cynnig pedwar diwrnod i ddisgyblion Cyfnod Allweddol 2, 4 diwrnod i ddisgyblion Cyfnod Allweddol 3 a 4 diwrnod i ddisgyblion Ôl-16.

Bydd y rhaglen rhwng dydd Mercher 21 Gorffennaf a dydd Iau 5 Awst 2021 o 9.30a.m. i 1.15p.m. Darperir brecwast a chinio.

The closing date for applications is Sunday 27<sup>th</sup> June 2021.

Os hoffech wneud cais am le, ewch i'r ffurflen gais drwy'r ddolen isod:

<https://forms.rctcbc.gov.uk/cy/web/shep/startnew>

Diolch

Miss Non Morgan  
Rheolwr Carfan, Trefniadaeth Ysgolion a Llywodraethu



*Dear Parent / Carer*

*SHEP is a school-based education programme that provides food and nutrition education, physical activity, enrichment sessions and healthy meals to children. Rhondda Cynon Taf is providing a timetable of fun activities for the pupils during the programme, e.g. Circus Skills, Glass painting, a variety of sports and crafts.*

*The following schools will be offering SHEP this summer: Craig-yr-Hesg Primary, Darran Park Primary, Glenboi Primary, Hawthorn High School (pupils from Hawthorn Primary and wider Rhydyfelin area), Llanharan Primary, Mountain Ash Comprehensive (pupils from Caegarw Primary), Penrhys Primary, Penywaun Primary, Perthcelyn Primary, Porth Community School, Tonyrefail Community School, Ynysboeth Primary and Ysgol Nantgwyn.*

*Ysgol Hen Felin and Ysgol Ty Coch will be offering four days to Key Stage 2 pupils, 4 days to Key Stage 3 pupils and 4 days to Post-16 pupils.*

*The programme will be from Wednesday 21<sup>st</sup> July to Thursday the 5<sup>th</sup> August 2021 from 9.30a.m. to 1.15p.m. Breakfast and lunch will be provided.*

*Y dyddiad cau ar gyfer ceisiadau yw dydd Sul 27 Mehefin 2021.*

*If you would like to apply for a place, please access the application form via the link below:*

<https://forms.rctcbc.gov.uk/en/web/shep/startnew>

*Thank you*

*Miss Non Morgan  
School Organisation & Governance Team Leader*